



Fast-Fit Shoe Program

Washington O&P has initiated a new **FASTFIT** therapeutic shoe program. We will have a selection of Medicare approved diabetic shoes and inserts that are in-stock and readily available. In most instances patients will be fitted with diabetic shoes and inserts the same day (*after receiving required documentation). Our new program will enhance our patient care model of providing a vital service to maintain foot health and reduce the risk of limb loss in the most efficient way. Thank you for choosing Washington O&P - we look forward to serving our therapeutic shoe patients in 2023!

Please see the attached list of shoe options for 2023.

Diabetic Shoe Documentation Checklist

The following documentation must be provided to WA O&P prior to your fitting visit so we may review your documentation. We are here to help - however it is **your responsibility to gather and deliver** the required documentation to our office for review.

1. **Prescription for diabetic shoes** from the prescribing physician (this is the easiest part) - the prescribing physician is the person who actually writes the Rx (order) for the therapeutic shoes. The prescribing physician must be a M.D. or D.O.
2. **Certificate of Medical Necessity (CMN)** - we will provide you with this form to take with you to your treating physician. Certifying physician must be an M.D. or D.O. - no exceptions. * (The certifying physician cannot be a podiatrist, physician assistant, nurse practitioner, or a clinical nurse specialist.)
3. **Recent chart notes from the Certifying Physician** - defined as a doctor of medicine (M.D.) or a doctor of osteopathic (D.O.) who is responsible for diagnosing and treating the patient's diabetic systemic condition through a comprehensive plan of care. **This is the most difficult part of the documentation to obtain correctly.** This typically requires a physical visit with your certifying physician who will document your need for diabetic shoes in your physical chart - we will need this documentation from your chart to complete your packet.

Once you have seen your physician and have **all 3 pieces of documentation** - bring these to our office and drop off. We will review your packet within one week and schedule for fitting appointment if everything is complete. **If it is not complete we will notify you and you will need to obtain missing documentation.**

Diabetic Shoe Program Frequently Asked Questions

Medicare has strict guidelines that must be met in order for us to provide diabetic footwear. You, the patient will need to gather the required information and bring the completed information to our office for review. We are here to help you - however you will need to participate in obtaining your documentation.

What do I need to do for my first visit? You will need to come into the office and pick up a diabetic shoe packet with the necessary information that you will need to obtain from your treating physician. There will be 3 pieces of documentation that all need to be completed that must all come from your physician's office.

Does Medicare cover shoes? Yes - Medicare pays 80% for qualifying diabetic shoe beneficiaries. You will be responsible for 20% (approximately \$80) that will be collected up front at your fitting appointment.

Can my physician fax the information over to your office? No - in most cases **you will need to be seen by your physician for an in person visit** so they can document your need for diabetic shoes in your chart and can fill out your other paperwork for you.

Can I bring in my completed packet and be fitted for shoes the same day? No, once you have your packet complete you will need to bring this into the office and drop it off. Your packet will be reviewed within one week and you will be scheduled for a fitting appointment after your review is completed and the packet is compliant.

How often can I get new shoes and how many? Medicare will cover one pair of shoes and three pairs of inserts once per calendar year if needed. For example , one pair of shoes and 3 pairs of inserts will be allowed in the year 2022 for MOST plans. Some plans only allow ONE pair of Shoes and One pair of inserts.

Do I have a choice of shoes? Yes – You do have a limited choice. We have carefully chosen quality Medicare approved shoes that we stock in our facility so you may receive your shoes the same day of your fitting appointment, unless you have ulcers or special needs.

Are the shoes custom-made for my feet? No typically they are custom fitted meaning that your feet are measured and shoes are fitted accordingly. However, there are times when custom molded shoes are required.

How are diabetic shoes sized? Diabetic shoes are typically looser fitting than what you may be used to, meaning that the toe box will provide extra room to ensure a healthy foot and avoid pressure points. Your foot will appreciate this extra room!

Will they be comfortable? **Yes** - they should be! Again , your new shoes may have more room than you are used to and will allow your foot to move freely in the toe box areas to improve overall foot health.

Why does it take so long to get shoes? The documentation requirements are very strict. You will need to pick up documentation, take it to your physician for an in person visit and then return once again. This all just takes time **so please be patient** as we do our best to continue to provide this service as long as we can - we understand it is more difficult than ever! Just remember - we can no longer send forms over for your doctor to sign. You are unable to drop off forms for him to sign - this does not work anymore

What if I want a second pair, will my insurance cover those? No, Medicare only allows one pair per calendar year. You may purchase a second pair and pay out of pocket the cost is \$125. We can assist you with this after we deliver your first pair to ensure a correct fit.

CERTIFICATE OF MEDICAL NECESSITY / STATEMENT OF CERTIFYING PHYSICIAN

For Therapeutic Shoes

Please complete the Certificate of Medical Necessity below so that **Washington Orthotics & Prosthetics** may provide therapeutic shoes & inserts. In order to qualify for Medicare, your certification that they meet the conditions listed below is required along with your Documentation supporting the patient's diabetic conditions.

****Please supply most recent chart notes (within the last 6 months)****

Patient: _____ DOB: _____ Phone # _____

This patient has diabetes mellitus: Type II Type I

1) This patient has one or more of the following conditions (**check all that apply**):

- History of partial or complete amputation of the foot. (ICD-10 Code(s) _____)
- History of previous foot ulceration. (ICD-10 Code(s): _____)
- History of pre-ulcerative callus. (ICD-10 Code(s): _____)
- Peripheral neuropathy with evidence of callus formation (ICD-10 Code(s): _____)
- Foot deformity. (ICD-10 Code(s): _____)
- Poor circulation. (ICD-10 Code(s): _____)

2) I am treating this patient under a comprehensive plan for care of his/her diabetes.

3) This patient needs special shoes (depth or custom-molded) because of his/her diabetes.

4) This patient needs shoe inserts (heat-molded or custom fabricated) because of his/her diabetes.

Physician Signature (MD or Do): _____ Date: _____

Physician Name: _____ NPI #: _____

Physician Address: _____

Phone Number: _____

**Please fax Form &
Chart notes to:**

Washington Orthotics & Prosthetics
1902 S Cedar St
Tacoma, WA 98405
(253) 761-9255 (phone) (253) 752-7829 (fax)